

WTMC Gear List Name:

#	Category	Item	Weight (g)	Required for			Packed?
				Day Tramp	Multi-day	Alp1	
1	Clothing	Tops, wool or polypropylene		2	3	3	
2		Long johns, wool or polypropylene		1	2	2	
3		Shorts/trousers		1	1	1	
4		Socks, pairs		1	2	2	
5		Underware, sets		1	2	2	
6		Warm jersey or fleece		1	1	1	
7		Polar fleece/down jacket			1	1	
8		Waterproof jacket		1	1	1	
9		Sturdy boots		1	1	1	
10		Gaiters (optional to start tramping)		1	1	1	
11		Warm hat		1	1	1	
12		Gloves (important all year round!)		1	1	2	
13		Waterproof over trousers		1	1	1	
14		Hut footwear			1	1	
15	Pack	Pack with pack liner and or dry bags		1	1	1	
16	Sleeping	Groundsheet approx. 1.8m x 2.5m		1	1	1	
17		Sleeping mat			1	1	
18		Sleeping bag (in dry bag) (liner optional)			1	1	
19		Pillow case( for Lodge trips)					
20	Toiletries	Soap, toothbrush & toothpaste			1	1	
21		Small towel			1	1	
22		Toilet paper		1	1	1	
23	Food/drink	Lunch and energy snacks		1	1	1	
24		Reserve day of food			1		
25		Water bottle(s) (min 2L)		1	1	1	
26		Plate, cup and cutlery			1	1	
27	Navigation	Map and compass		1	1	1	
28		Head torch, spare batteries		1	1	1	
29		GPS (optional)					
30	Personal	Personal first aid kit (plasters, pain relief tablets, strapping tape, rehydration sachet, Vaseline, scissors, ...)		1	1	1	
31		Foil survival blanket/ bivvy bag		1	1	1	
32		Whistle		1	1	1	
33		Sunscreen, lip balm		1	1	1	
34		Sunglasses		1	1	1	
35		Sun hat		1	1	1	
36		Cash and cards		1	1	1	
37		Insect repellent (optional)					
38		Camera (optional)					
39		Mobile phone		1	1	1	
40		Spare batteries					
41		Hut tickets/Back Country Hut pass			1	1	
42		Rubbish bag			1	1	
43		Cord (2.5mm x 15m guy lines, bootlaces etc)		1	1	1	
44		Sharp knife			1	1	
45		Ice axe, crampons, helmet, snow goggles				1	
46		Swimming togs (trip dependent)					
47	Group Items	Cooking stove, fuel, lighter/matches					
48		Billy/fry pan and stirring spoons					
49		Food prep knife					
50		Personal locator beacon (PLB)					
51		Group First Aid kit					
52		Tents / fly					
53		Group meal ingredients					
54		Dishwashing liquid and dish cloth					
55		Firelighters					
56		Candles					
57							
58							