

Alp1: Trip Name

Leader:

Start Date:

Nights:

Cost: Members \$ / Non-Members \$

Description:

Safety on alpine trips:

The risk assessment for this trip is available here: [LINK](#)

Club policies for alpine trips are available [here](#).

General club policies are available [here](#).

Sign-up closes:

NOTE FOR ALPINE TRIPS:

Anyone wanting to join club alpine trips must have completed a WTMC beginners snowcraft course or equivalent. Dates/destination may be changed by the Trip Leader to suit weather and snow conditions.

Helmets, crampons and ice axes can be hired from the gear room for an additional fee (not included in the trip fee).

DISCLAIMER:

The information that we are asking you to provide is needed by the Trip Leader primarily for safety purposes, but also for catering for the communal dinner on the trip. All the information collected will be stored confidentially.

If you do get a place on the trip, the leader will get in touch with information about how to pay the trip fee, and may also contact you if they require further information for a particular trip

Photos may be used for promotion of the Club in articles, on the Club website or on Facebook. If you do not want your photos to appear please do not join group photos.

* Indicates required question

YOUR DETAILS

1. Are you a club member? *

Check all that apply.

Yes - WTMC member

Yes - NZAC member

No

Other: _____

2. Name *

3. Mobile *

4. Emergency contact *

Please specify their full name and phone number.

We will only contact them if something happens to you on the trip.

MEDICAL

5. Are you taking any medication? And/or do you have any medical conditions medication that we should be aware of? *

Mark only one oval.

Yes

No

6. What medical conditions (and/or medication) should be aware of?

TRIP LOGISTICS

7. Can you drive a 12-seater van? *

If you would like to become a registered driver please contact the Transport Officer (transport@wtmc.org.nz)

Mark only one oval.

- Yes - I'm a registered club driver
- Yes - but I am not registered with the club
- No

8. Do you have any dietary constraints or requirements? *

Check all that apply.

- None
- Vegetarian
- Vegan
- Gluten Free
- Other: _____

9. What items would you be able to bring?

Check all that apply.

- Stove (Liquid fuel)
- Stove (Gas canister)
- Emergency shelter (e.g. bothy bag) - if so please specify type and capacity with the "other" option
- Alpine/4-season tent - if so please specify type and capacity with the "other" option
- Avalanche kit - transceiver, shovel, probe
- Garmin InReach
- Personal PLB
- Other: _____

MOUNTAINEERING SKILLS AND EXPERIENCE

10. Minimum requirements - please select those that apply *

All participants must meet these requirements to take part in alpine trips

Check all that apply.

- I have done at least one Medium or Medium-Fit trip with WTMC
- I have completed a WTMC snowcraft course or equivalent
- I can carry a pack and walk on steep and challenging terrain for at least 8-10h
- Other: _____

11. Please specify the year you took a snowcraft course and when you last used mountaineering skills *

12. What alpine training course(s) did you complete? *

Check all that apply.

- WTMC Beginner Snowcraft
- NZAC Basic Snowcraft (Alp 1)
- NZAC Intermediate Snowcraft (Alp 2)
- NZAC High Alpine Course
- WTMC Alpine Leadership Course
- Avalanche Awareness (1-2 day course)
- Backcountry Avalanche (4-day course)
- Other: _____

13. Skills - Please indicate how confident you are with the following skills *

Mark only one oval per row.

	Beginner (I might need assistance)	Competent (I'm independant)	Expert (I can help others)
Use of trip planning resources (weather, avalanche forecasts)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Winter navigation (including map and compass)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identification of the safest route for travel	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking on snow without crampons (edging, step kicking)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking on snow with crampons (on morderate and steep slopes e.g. front pointing))	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self arrest	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use of avalanche safety equipment including transceiver	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

including
transceiver

14. Skills - Any additional comments

Feel free to provide additional comments relating to your skills and level of confidence in an alpine environment. Is there anything you are particularly unsure/nervous about? Anything you might need help with?

15. If you haven't been on an alpine trip with this leader, please briefly describe your level of fitness and mountaineering experience

Please provide specific examples of trips you have done and when.

16. If you haven't been on trips with this leader, please list the name(s) of one or more Trip Leader(s) you have been on club trips with (tramping or alpine trips)

The trip leader may contact them to confirm you have a suitable level of fitness and experience for the trip

RISKS AND RESPONSIBILITIES

WTMC alpine trip policies

All participants are required to read and agree to comply with WTMC policies, including alpine trips policies:

- [Alpine trips policies](#)
- [All club policies](#)

Risks management

The natural environment and climbing activities can involve risks that may result in injury or death. While recognising that the course organisers and instructors are doing their best to manage these risks, and agreeing to accept their direction whenever required, you must accept personal responsibility for your own actions and safety.

If a participant's lack of fitness/ability could affect the safety of the trip, the participant(s) may be asked to not participate. The Trip Leader is the final arbiter in these decisions.

Participant responsibilities

Everyone on the trip is responsible for their own and the group's safety.

All participants are responsible for:

- being honest and transparent about their skills, mental and physical condition (e.g. fitness, health, and injury, fatigue/stress...) and comfort with elements such as exposure, technical terrain etc - both prior and during the trip, and to keep the Trip Leader updated with any changes;
- fostering safe and supportive environment, so everyone feels comfortable speaking up if they have a concern;
- actively monitoring risks (e.g. changing weather or snow conditions, group, terrain, route..)
- pairing up and using the buddy system on club trips e.g. co-check crampons, energy level, cold, anxiety, etc..
- follow the instructions of the Trip Leader and any Co-Leader at all times.

All participants are also encouraged to:

- take a proactive approach to planning, e.g. review the route, risks, weather and avalanche forecasts etc.
- with approval from the Trip Leader, set aside some time on the trip to practice self arrest or companion rescue if the conditions permit, to keep essential skills fresh in their mind.

17. Declaration *

Check all that apply.

While recognising that WTMC and trip leaders are doing their best to manage these risks, and agreeing to accept their direction whenever required, I accept personal responsibility for my own actions and safety.

I will let the trip leader know if any information changes before the trip - including mental/physical condition, illness/injury, gear etc

I have read and agree to comply with WTMC club policies, including for alpine trips

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